

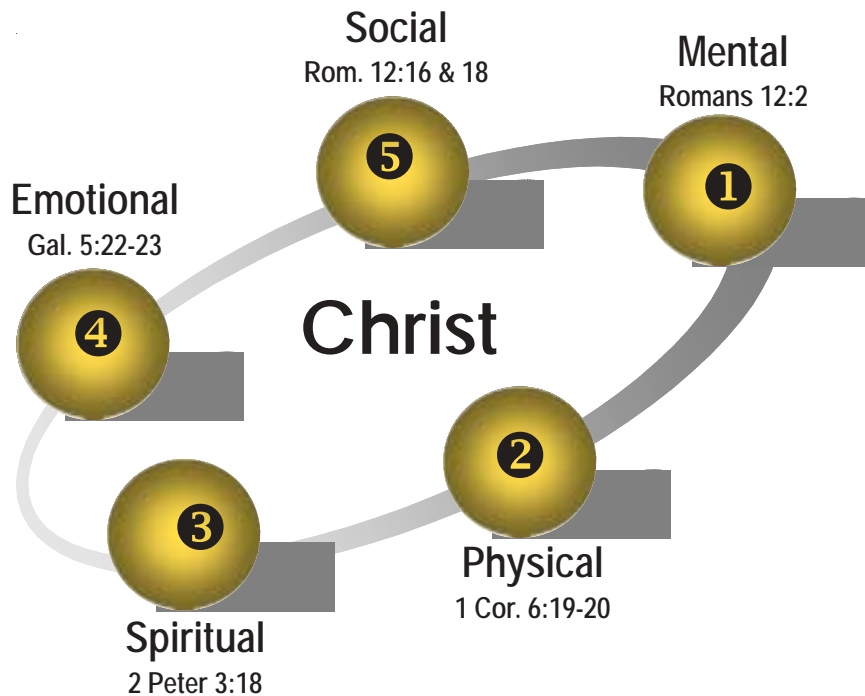
Two (2) Results:

- You experience frustration.
- You experience fatigue.

2. The Areas of Your Personal Life

Jesus is our example of perfect balance.

*"And Jesus grew in wisdom and in stature and in favor with God and man."
- Luke 2:52*



3. How to get started in balancing your personal life

A. Take inventory - Proverbs 18:15

B. Write down a plan of action - Ephesians 5:15-16

C. Put Jesus Christ at the center of your life - Colossians 1:15-17



Redeeming Notes

Series: **Bringing Life Back Into Balance**
Title: **“Balancing Personal Demands”**
Ephesians 5:15

Pastor Dave Glesne March 30, 2008

Balance is a foundational principle of this planet we live on.

God desires our personal lives to be balanced as well.

*“A man of understanding and knowledge maintains order...” - Proverbs
28:2*

“For God is not a God of disorder, but of peace.” - I Corinthians 14:32

1. The Problem of Imbalance

Most people tend to work on the public areas of their lives and let the personal areas slide.

Am I overexposed and underdeveloped?